

Thema	Level	Training
Fire prevention	Level 1	Raise internal alarm: red alarm button and internal emergency number.
Fire prevention	Level 1	External alarm: contact emergency services.
Fire prevention	Level 1	Fire extinguisher foam: briefly teach with actions use.
Fire prevention	Level 1	Fire Extinguisher CO2: short instruction with actions use.
Fire prevention	Level 1	Fire extinguisher Powder: briefly with actions to teach use.
Fire prevention	Level 1	Fire blanket: teach briefly with actions use.
Fire prevention	Level 1	Fire reel: teach brief with actions use.
Fire prevention	Level 1	(Q4 2022) Fire triangle and fire pentagon.
Fire prevention	Level 1	(Q4 2022) Identification of most common fire causes/risks
Fire prevention	Level 1	(Q4 2022) Fire classes
Fire prevention	Level 1	(Q4 2022) Extinguishers
Fire prevention	Level 2	Incipient Fire: small fire situation, raise internal alarm, attempt to extinguish.
Fire prevention	Level 2	Large Fire: Outbreak of fire, internal alarm, external alarm, evacuation.
Fire prevention	Level 2	Smoke development: fire with smoke situation, internal alarm, attempt to extinguish, external alarm, evacuation.
Fire prevention	Level 2	Evacuation for personnel.
Fire prevention	Level 2	Evacuation for manager.
Fire prevention	Level 2	Emergency planning for personnel (industrial)
Fire prevention	Level 2	Emergency planning for manager (industrial)
Fire prevention	Level 2	(Q4 2022) Smoke: hazards, flashover & backdraft
Fire prevention	Level 2	(Q4 2022) Opening doors + danger of collapse
Fire prevention	Level 2	(Q4 2022) Electricity
Fire prevention	Level 2	(Q4 2022) Gas fire
Fire prevention	Level 3	Evacuation immobile patients: evacuation by wheelchair
Fire prevention	Level 3	Evacuation immobile patients: evacuation bedridden via blanket or s-cape-pod.
First Aid	Level 1	Basic 4-step plan
First Aid	Level 1	First aid during Covid-19
First Aid	Level 2	Belly to back - Technique
First Aid	Level 2	First aid box
First Aid	Level 2	Vital Functions
First Aid	Level 2	Rautek grasp - technique
First Aid	Level 2	Stable side position - technique
First Aid	Level 3	Unconscious victim with breathing
First Aid	Level 3	AED
First Aid	Level 3	CPR
First Aid	Level 3	Shock
First Aid	Level 3	Suffocation
First Aid	Level 4	Amputation
First Aid	Level 4	Stroke
First Aid	Level 4	Unconsciousness
First Aid	Level 4	Diabetes hyperglycaemia
First Aid	Level 4	Diabetes hypo
First Aid	Level 4	Electrification
First Aid	Level 4	Severe burns
First Aid	Level 4	Heart attack
First Aid	Level 4	Head and spine injury
First Aid	Level 4	Poisoning
First Aid	Level 4	Poisoning: CO
First Aid	Level 5	Burns
First Aid	Level 5	Epilepsy

First Aid	Level 5	Faintness (syncope)
First Aid	Level 5	Concussion
First Aid	Level 5	Hyperventilation
First Aid	Level 5	Nosebleed
First Aid	Level 5	Emergency numbers
First Aid	Level 5	Abrasions
First Aid	Level 5	Sprain care
First Aid	Level 6	Poster - techniques
First Aid	Level 6	Poster - dressing techniques
First Aid	Level 6	Moving casualty (Rautek)
Ergonomics	Level 1	Monitor work: using action steps to correct a desk situation from various incorrect initial situations.
Ergonomics	Level 1	Basic ergonomics for retail and storage
Ergonomics	Level 1	Lifting and lifting of loads basic
Ergonomics	Level 2	Advanced lifting and handling
Ergonomics	Level 2	Tools and pallets
Ergonomics	Level 2	Checkout work retail: correct situations at a checkout workstation from various faulty starting situations.
General Safety	Level 1	Find the errors in the environment (Yard building and yard infra): single errors are chosen at random from a growing list of currently more than 10 errors. Learn to see the errors and learn how to fix them. In environment hospital and others (to be discussed).
	Level 1	Safety symbols: placing symbols with correct meaning, different themes.
	Level 1	Asbestos recognition: recognise asbestos situations based on photo and initial procedure if positive.
	Level 1	Working at height: mobile scaffolding basics.
	Level 1	LOTOTO 1: 3 situations (look for deviating LOTOTO situations in a production environment)
	Level 1	LOTOTO 2: 3 situations (look for deviating LOTOTO situations in a production environment)
	Level 1	LOTOTO 3: 2 situations (look for deviating LOTOTO situations in a production environment)
	Level 1	LMRA
	Level 1	Electrical box short circuit: what can a worker do safely in case of a power failure.
		Asbestos analysis: what if you discover asbestos.
		Asbestos situations: find the 10 asbestos situations in the conversion yard.
		Loading and unloading liquids: safety aspects in this process.
		Forklift truck: why training
		Forklift truck: Belgian legislation
		Forklift: signalisation fire fighting
		Forklift: signalisation PPE
		Forklift: signalisation rescue and evacuation
		Forklift: signalisation prohibition
		Forklift: Signalisation warning
		Forklift: what does a forklift driver see?
		Forklift: Types of equipment
		Forklift: parts
		Forklift: attachments
		Forklift truck: Checking work equipment
		Forklift: basic concepts
		Forklift: Traction battery
		Forklift: Stability
		Forklift: Load diagram
		Forklift: Safety rules for safe handling
		Forklift: Driving safety rules in general
		Forklift: Safety rules for driving forwards and backwards
		Forklift: Safety rules for stacking and transporting loads
		Forklift: Safety rules for working at height

		Forklift: Public road Belgium
		Forklift: Parking
		Forklift: loading and unloading lorries
		Dealing with aggression: guidelines on situations with aggressive customers or patients.
		Dealing with physical aggression (2022): guidelines on situations with physically aggressive customers or patients.
		Burnout: what is burnout?
		Burnout: how to deal with burnout?
		Burnout: how to prevent burnout?
		Hand hygiene alcohol gel: guidelines on hygiene in an environment with patients.
		Hand hygiene water and soap: guidelines on hygiene in an environment with patients.
		Corona guidelines: Recognising symptoms and steps to take.